

# Quit Tobacco with The “Butt Stops Here”

## Tobacco Treatment – The Butt Stops Here

**The Butt Stops Here** is a six-week tobacco-cessation program that can help you quit smoking, or help you quit other tobacco products. This program has helped THOUSANDS to QUIT! The program includes a workbook, and two weeks of nicotine patches or gum. It is an award-winning program.

### COST:

- **FREE** for Ellis Medicine Employees
- **FREE** for those with CDPHP or MVP insurance
- **\$45** for public \*
- **\$20** for Medicaid patients

*\*Participants with insurance plans other than MVP or CDPHP should check to see if this program is covered with their plan.*

### WHERE:

Ellis McClellan St. Health Center  
600 McClellan St,  
Schenectady, NY 12304  
First Floor Conference Center

### DATE:

6 Consecutive Wednesdays:  
5:00-6:00 PM

**November 9 - December 14, 2022**

### REGISTER:

[ellismedicine.org/smoking](http://ellismedicine.org/smoking)  
OR call 518-831-6957

### FOR MORE INFORMATION CONTACT:

#### Facilitator:

John J. White, BS, RRT  
Tobacco Treatment Specialist at  
518.831.6957 or

[whitej@ellismedicine.org](mailto:whitej@ellismedicine.org)



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**ANOTHER OPTION**

**Virtual Butt Stops Here**

**[Sphp.com/quitsmoking](http://Sphp.com/quitsmoking)**

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REINVENTING HEALTHCARE ONE PATIENT AT A TIME