

ELLIS NIGHT OUT WITH THE VALLEY CATS!

Join Ellis Healthy ME as we cheer on the
Valley Cats

Thursday, August 18 at 6:30 PM!

Fireworks to Follow!



Request up to **5**
FREE, pre-loaded
(\$5) tickets with our
survey link:

<https://forms.office.com/r/H9BMmirRHA>

Please only request the number of tickets you will use so
that more employees have a chance to attend!

**Tickets will be available for pick-up at *Joe Bruno Stadium
the evening of the game at the Will Call ticket booth.**

**Remember, you must pre-order your tickets with our survey
link! [2022 Healthy ME Valley Cats Tickets Request](https://forms.office.com/r/H9BMmirRHA)**

QUALIFYING
HEALTHY ME
ACTIVITY



SOCIAL | MIND | SPIRIT

*80 Vandenberg Avenue, Troy, NY 12180