



# Care Advantage

## Personal Care Advocacy for Ellis Medicine Employees

Every Ellis Medicine employee and their dependents in **Ellis' MVP Health Care® plan** are assigned a Care Coordinator who is a Registered Nurse (RN) on the MVP Care Advantage team.

The MVP Care Advantage Program connects you to a Care Coordinator to provide information and answers to questions about:

- Finding specialists and other health care professionals and answers to health questions
- Treatment plan recommendations ranging from surgeries and discharge planning, to how to stick to the medication plan prescribed by your doctor
- Health coaching and goal setting assistance
- Programs to help with diet, exercise and disease management to enhance your health
- How to best utilize your health benefits and understand what's covered
- Help in understanding the results of health screenings, tests and assessments



To be connected to your Care Coordinator, call **1-888-687-6367** Monday-Friday, 8:30 am – 5:00 pm



### Your Care Coordinator Team:

**Carrie Brosnan, RN**  
Ext. 12551  
Covers last names A-M

**Linda Downing, RN**  
Ext. 12559  
Covers last names N-Z



For more information, visit **[mvphealthcare.com](http://mvphealthcare.com)**



If you have a health-related question outside of business hours, the MVP 24/7 Nurse Advice Line is available as well. Call **1-888-687-6367** and have your MVP Member ID number ready.

